

Samsøe Island, Denmark, April 5th, 2010

An invitation to get real

Cecil wrote a letter two weeks ago (An invitation to look again) about the current developments in the Oneness Movement. I totally resonated with that. I would like to add some further perspectives to it – therefore these words that by many could be interpreted as mutiny. But please read slowly and see the whole picture that I am trying to describe.

A condition for being unconditionally free is that we wake up from our delusions. Some of the last delusions to go (and the most persisting ones ☺) are the ones created by the spiritual ego. And I see them thriving in the Oneness Movement. Along with wonderful teachings as well.

This letter is my perspective on the delusional statements and activities that have manifested in the movement. Not so much the great teachings which we have shared in our courses over the years. It is just another perspective and not absolute truth. Absolute truth does not comply with the relative realm – it is by nature beyond it – and you only find it deep inside your Self. So this is just one relative truth about what is going on. You must find your own stand.

In 2004 Cecil and I received a precious gift from the universe. We were set free from the clutches of the mind. We were permanently connected with Presence beyond the dualistic perception of life. This final quantum leap to freedom happened during a process in India facilitated by monks from the Oneness University, and we are eternally grateful for the help we received there.

We also thought that many others would have similar breakthroughs as this was what Amma and Bhagavan communicated. But reality showed to be different – very few people experienced permanent breakthroughs. A lot of people experienced impermanent “highs” – followed by the inevitable “lows”.

We stayed in the liberated state and our gratitude to Amma and Bhagavan was (and still is) enormous. But should gratitude stop us from being authentic and to distinguish between what we perceive as reality and illusion? The answer of course is “No”.

In the beginning we interpreted our breakthroughs in the Oneness University way – “that it was the deekshas creating the breakthroughs”. One of the illusory interpretations in the oneness movement is that when good things happen to a person it is the deekshas doing the work. Could it perhaps also be because of many lifetimes of intense spiritual training? Could it be because of a fully dedicated focus to waking up? Could it be because of meditation, prayer, rituals, healing, self inquiry and other energy work?

Remember it is the whole universe coming together manifesting every situation every moment – not just single factors creating certain outcomes. Cecil and I soon realized that there were a million factors responsible for our awakening in 2004 – and that the deekshas were just one of these factors.

Since then Cecil and I have watched the organizational changes from the sideline - all the new claims and new sets of directions in the Oneness Movement. We have not been able to apply most of them as they seemed misplaced or out tune with our own path and way of teaching. Predictions about enlightenment, release waivers for Deeksha, new organizational power structures (and struggles ☺), Anthony Robbins success teachings, guidelines with “mysterious exact numbers” of deekshas, chants etc. and much more. Most of which have been accepted unquestioned and unexamined.

We decided to stay neutral and not comment on these because we did not want to compromise people’s faith in the movement and the deeksha. Now we cannot stay silent anymore.

Amma & Bhagavan’s claims and promises

AmmaBhagavans promises about enlightenment have since the beginning been highly exaggerated and now more than ever. Several of the statements they make are from my point of view delusional – and megalomaniac – claiming they have the power to enlighten masses of people. “We turn up the energy”, “You will be enlightened during the webcast – or in the coming two days”. If they had the power to enlighten people why has it not happened on a larger scale long ago?

Already back in 2004 there was a huge rainfall of disappointment for thousands of people who did not break through as promised. Amma and Bhagavan apologised and said it would take a little longer. New stories and new predictions were made. In 2006 they went so far as to make predictions for the dates of individual people’s breakthroughs. People were waiting eagerly for the dates and when the dates came up nothing happened.

A few people have been “proclaimed enlightened” in the movement (to proclaim others people’s enlightenment is in itself delusional) - and some of those have become unenlightened again - over night ☺. Their own biggest “superstars” – Anandagiri and Samardashini – whom Bhagavan claimed were in a state 1000 times more enlightened than the Buddha (another example of delusional communication) - were instantly unenlightened when they stepped out of the Oneness Movement. Very strange!! Such communication can from my perspective not be taken seriously.

On a larger scale the fantasy predictions have been just as farfetched. “Elimination of all political conflict on the planet in 2008” and “64.000 enlightened deeksha givers in 2009” and “world enlightenment in 2012”.

The latest news is that the enlightenment energy for 2011 and 2012 is made available already now because we have to hurry!! What is the hurry? Who are we to hurry a profound development process governed by the awesome intelligence of this universe? Do we tell the sun to hurry up in the morning also?

The show must go on and a way of keeping people in the movement (and delusion) is to make up new fantasies. They keep making new claims, making new “breakthrough procedures” (dancing 35

minutes, chanting 49 minutes) and we must gather thousands of new deeksha givers - just to keep the kettle boiling. Is quantity better than quality on the spiritual path?

Bhagavan is promising enlightenment in one or two days again. This is delusional and a mockery of the enlightenment process. The process towards freedom is such a great learning opportunity. Why should we or the universe waste that profound chance for learning by choosing a “quick-fix-instant-enlightenment-without-any-work-pill”.

“As of March 19th, 2010 Bhagavan has empowered the Oneness Trainers to give awakening to people in the awakening courses”. How many times have we heard this before – with no results? Ans who are we (Bhagavan/Trainers/deeksha givers) to believe that we are the ones giving awakening?

Like many other times in history we see that the bigger the lie is the more people will believe it.

Hazardous energy work

Educating and initiating deeksha givers in 10 hour courses is from my point of view risky business. Energy transfers are not to be joked with. It is highly intimate and delicate work. During a deeksha between two people lots of “personal energy structures” are also interacting.

We have experienced a deeksha giver (with a drinking problem) transferring addiction structures to a receiver. The receiver experienced it immediately as a heavy and sticky energy and found herself dealing with old and new addiction patterns in the week to come. That is a natural occurrence when two energy bodies meet. So we have to be aware of who and what we are interacting with – like we do in our normal life. Would you like to interact with freedom or with delusions?

This does not mean that all of the people initiated as blessing givers are not doing wholesome work. But it means that way too many people who have not done long term work on themselves are transferring negative energy patterns to the recipient through healing and deeksha work.

The blind leading the blind.

Several of the oneness trainers and deeksha givers we know are from far from sufficiently qualified to teach and guide other people on the spiritual path. There are simply not grounded enough and have too many unconscious ego programs running.

Trainers are told by Bhagavan to explain the state of enlightenment in their courses in order to inspire people to get there. How can people who are not in the enlightened state explain anything about how it is?

The oneness movement has turned into a circus of spiritual egos running around trying to “be something”. Be a deeksha giver, be a oneness trainer, be a spiritual teacher..... All this is clouding the original purpose which is to enter the state of being – just being – without the title - fully

connected with Presence. True spiritual teachers have entered the state of pure being before they have begun to share their gift of awakening through teachings. Their teachings come from being. Not from wanting to “be something”.

We are not saying that profound changes don't happen for people involved with deeksha. Lots of wonderful things are happening. The problem is that many delusions are also fostered in people. This is not necessary and it defocuses people from what they should be doing – finding their ultimate power within. We would like to invite everyone to distinguish between the true stuff and the delusional stuff manifesting in the Oneness Movement. And to take back their inner power which has been given to external factors like deeksha, spiritual egos and false beliefs.

Time to wake up – by getting real

From the work we have been doing the last 6 years facilitating retreats and workshops with deeksha as a tool it has become more and more clear that those who have broken through to higher levels of consciousness have done so because of an unwavering determination to be true to themselves – more than because of the deekshas they have received. These people have been able to

- take time out for longer retreat and self inquiry – alone and with qualified teachers
- explore, accept and let go of personal aversions and attachments
- acknowledge that the key to solve all relationship problems are inside themselves
- realize that enlightenment cannot be found out there (deeksha) and in the future (2012) but only in Presence flowing from the source inside us - this very moment
- connect with their higher self in physical forms (enlightened teachers) and/or non physical forms (antaryamin)
- do whatever work it takes to be free

It is my wish and hope that we all use our common sense and intuition to navigate creatively on the spiritual path and to avoid the delusions created by the spiritual ego.

It is my hope that we all continuously perform soul searching and check if we are governed by false beliefs, stories and delusions.

It is my hope that the Oneness Movement will do some self examination and check if there is a deeper reason for the critique placed by different media in India and for the acharyas and main dasas to leave the movement?

The only way to make our dreams come true is to wake up – and get real.

May all beings live in freedom, joy and profound Buddha laughter.

Bruhn

Oneness Center

www.onenesscenter.org - soon to be www.innerfreedom.dk

