



Deeksha in Nature – the Nature of Deeksha

Oneness Retreat/Pilgrimage, Lendrick Lodge, Scotland

Weekend of August 21st-23rd 2009

3 days combined Deeksha Retreat & Sacred Sites energy work in Scotland.

*“One day in a sacred site is like a thousand days of meditation”
A Paraphrased Tibetan saying*

Sacred sites are acupuncture points of Gaia – the living earth which we are all part of. We experience that working with the Deeksha energy in sacred sites amplifies the effect of the deeksha and the meditations many times.

The cosmic energy of the deeksha meets the sacred earth energies of the site within the heart center of the participant unfolding the flowering of the heart and the awakening of the mind.

Working with this immensely positive intention at a sacred site also creates a precious healing process for the earth – reinvigorating essential life energies and helping to restore its health and balance. Read more about this energy work that Cecil and Bruhn are doing around the planet on:
http://www.onenesscenter.org/html/oneness_journeys.html

What sacred sites will we visit?

From our base at the beautiful River Retreat at Lendrick Lodge we will visit sacred sites to connect with the ancient wisdom of the land and the humans who have loved and worked with it.....

- Rosslyn Chapel
- Roslin Glen Walk
- Glen Lyon – the valley of the Sun God
- The ancient Fortingall Yew
- The praying Hands of Mary
- ...and more if we have the time and the weather for it :o))

Sacred site visits will mostly around lunch/afternoon. We will arrange joint transportation from Lendrick to the various sites. See tentative daily schedule next page.



Rosslyn Chapel – called “magical” by visitors - perhaps the most famous sacred site in Scotland



We will explore the Nature of Deeksha...



and experience Deeksha in nature...here the site “Praying hands of Mary” in the Valley of the Sun God – Glen Lyon...



What will happen indoors?

Meditations, more deekshas and indoor teachings will be in the mornings and evenings.

Through different teachings, exercises, guided meditations, Q&A, energy work etc. we will explore the deeksha energy and the Nature of Oneness :o)

Our Base – The River Retreat at Lendrick Lodge

We have booked the beautiful River Retreat at Lendrick Lodge, which will serve as our base for the weekend. All meals (from dinner Friday evening to lunch Sunday) are provided for by the lodge. Accommodation in shared rooms in the River Retreat and in nearby Lendrick Lodge.

For further info and directions you can check

http://www.lendricklodge.com/home/13_the_river_retreat_at.htm

Tentative Time Schedule

August 21st, Friday

16.00-17.00 Check in at Lendrick Lodge
17.00-19.00 Group gathering and deeksha
19.30-20.30 Dinner
20.30-22.00 Evening process

August 22nd, Saturday

7.00-8.00 Morning body and energy work with deeksha
8.00-9.00 Breakfast
9.30-11.00 Transport to Rosslyn Chapel
11.00-17.00 Sacred sites with deeksha – Rosslyn Chapel, Roslin Glen walk
19.00-20.00 Dinner
20.30-22.00 Evening process with deeksha

August 23rd, Sunday

7.00-8.00 Morning body and energy work with deeksha
8.00-9.30 Breakfast and checkout from Lendrick Lodge
9.30-11.00 Transport to Glen Lyon
11.00-17.00 Sacred sites with deeksha – Glen Lyon, Fortingall Yew, Praying Hands of Mary.

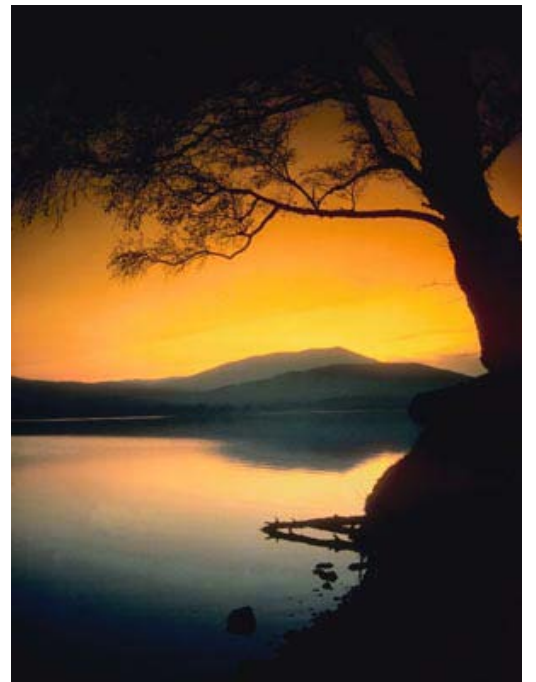
The retreat ends at Glen Lyon late afternoon, hugs and goodbyes :o)

Feedback from participants in Oneness Journeys

- “I had the most fantastic trip ever, everything formed a higher synthesis...”
- “After the pilgrimage to Peru with Cecil and Bruhn my life has become an adventure...”



Lendrick Lodge – our base



Sunset near Lendrick Lodge – our base



Who are the facilitators:

The retreat/pilgrimage is guided by Cecil and Bruhn, founders of Oneness Center Denmark. Cecil and Bruhn are doing pilgrimages, retreats and seminars in Denmark, England, Peru, Italy, Austria, Germany, Australia, New Zealand, Japan, Philippines and more. They have worked on many sacred sites all over the world since their awakening in 2004. Other deeksha givers will join the retreat so there will be many blessings every day.

You can see pictures from other Deeksha Retreats and Sacred sites work with Cecil and Bruhn on:

<http://www.flickr.com/photos/onenesscenter/sets/>

Signing up and deposits

This retreat is a co-creation with deeksha giver Bob Hodgson in Scotland :o)) For further information and signing up please write cecil@onenesscenter.org or Bob at bobhodgson2@gmail.com.

Pick-up from the airports at Glasgow or Edinburgh and transfer to Lendrick Lodge can be arranged.

Cost: £220 (£190 concession) including food and board. Transportation to/from Scotland and between sacred sites is not included, but we will share petrol costs and fill up the cars :o) Parking at sites and entrance fees are not included (if any).

A non refundable deposit of £100 has to **be paid to confirm you booking**. The rest will be paid on the first day of the retreat. If you are unable to attend the retreat you are welcome to hand over your deposit/booking to a family or friend. There is a maximum of **18 places**.

UK participants can send a cheque to: Daniel Rounding, Bridge Cottage, 178 Henley Road, Ipswich, Suffolk, IP1 6TA. (Telephone 0845 4589523 local call rate from any UK landline.) Please make your cheques payable to Daniel Rounding.

DK and other participants can make a bank transfer to Danske Bank, Langgade 43, 8305 Samsø, Denmark

Account no: 0536-3617129981
S.W.I.F.T. DABADKKK
IBAN: DK9230003617129981

Please feel free to write with any questions regarding ways we work, practical stuff etc.

Hoping to see you there and then :o))

Lots of love and blessings!



Cecil and Bruhn blowing conches ...



The sacred Yew-tree by Fortingall Church. The tree is 5000 years old and the oldest living being in Europe – if not the world.



The powerful Glen Lyon – valley of the Sun God