

Samsøe Island, march 25, 2010

This is an invitation to look again

I am so very grateful for everything I have received from Life. I am eternally grateful for the beautiful, loving, creative and surprising way the deeksha energy (and so many other techniques) have helped me in my process towards Freedom and I am eternally grateful for the deep, humorous and loving relationship I have had with my inner AmmaBhagavan – it was absolutely essential in the moment of surrender. This big fat river of gratitude never stops and Freedom knows no boundaries..... and this Freedom means that I remain Free within or without any organization.

Very early on I experienced developments, power structures and -struggles in the Oneness Movement that were less and less in tune with my inner truth – but, no problem, I thought. I'll just do it my way and they do it their way – we need a million different approaches anyway. And I found peace in the fact that I was serving the Energy and not the Organization as such. This Energy is no one's to give and no one's to take.....just Grace flowing as it wants, and more and more powerfully so when we deepen our relationship with it.

I have continued to relate to the Energy and it is a powerful, precise and creative tool to help us do the work that needs to be done. The way I have seen the deeksha at it's most powerful is when it is combined with serious, unwavering, willingness to do the work – and even more powerful when combined with other energy/release techniques. Then it is really possible to shift, make space for a different level of consciousness. A million deekshas will not make much difference if you are not doing your bit! Freedom requires nothing less than EVERYTHING you think you've got!

Something is not right if we do not openly discuss the pro and cons of any changes or suggestions coming from the organization/Bhagavan. If we blindly accept everything on face value, we will end up being the blind leading the blind. Not a desirable cocktail and not something I want to contribute to in any way.

From my perspective it is impossible for someone who is not FREE him or herself to teach anyone else what it is like to live free of the Mind. It is hear-say and will have none of the true or real RESONANCE necessary to make any transformation in the listeners – however well intentioned it is.

It is the power of the field of resonance that is important – the deeper the resonance the more it is urging, calling, willing your system to raise to that same frequency, reaching way beyond the frequency belt of the old ancient Mind.

You can establish energy fields within the Mind and they can be quite powerful, giving experiences of expansion, highs, bliss – but they will not help you reach beyond the Mind (that has a very strong self-preserving talent) and rather follow the basic dual workings of the Mind..... If you are on a Mind-made

high it is certain that you will also soon experience a Mind-made low. And even if it is a spiritual roller coaster – it is still a roller coaster and it is still life within the Mind.

So you can pump up the energy in your system with a lot of deekshas (and anticipation of very strong or very special deeksha) and it can feel good and wonderful and connected until you go home and “come down” and realize that you still hate your neighbor or dislike your colleagues or treat yourself in ways that are unloving and unbalanced. Until you reach the next high.....

And if you are looking for a peak experience or just to feel a little better, automatically Freedom has moved down your list of priorities. Freedom is not about feeling good (although it often comes as a side effect) Freedom is the ability to deeply embrace whatever Life throws your way, not trying to fix it or fade it.....Freedom is not minding whether you have a peak or a pit experience – really not minding!

So, do you want to feel good or do you want to be FREE?

The journey towards Freedom is amazing in all its aspects. I wouldn't have missed out on ANY bit of it. It all makes total sense also – and perhaps especially - all the not so “pleasant” stretches.

I don't think there will be a mass enlightenment just like that. Full stop. I do think we are all moving (faster and faster) towards higher consciousness no matter if we are aware of it or not – or if we want to or not.

I feel the Oneness Movement's concept of mass enlightenment is delusional. I don't know how many times we have been told that same story with new dates, explanations and assurances that now, finally we are “ready” and the energy is very strong (now apparently running on 100% - wonder where they will go from there!!) and that we should all “make it” in a few days. It is making a mockery of Grace and a mockery of the beauty and precision of the whole awakening process and the amazing opportunities for deep learning that the whole Universe has set up for us. We should learn to bow to that instead and get on with the work!

I find it really sad that we do not openly question and discuss all the stories and suggestions that keep coming from Oneness Movement/Bhagavan. It reduces us to believers or non-believers.....not a very nuanced approach to Life! It also gives a perfect excuse to not take total responsibility and find your own inner truth. The non-believers can just dismiss it all and nonchalantly shake their heads. The believers will constantly try to find meaning in the stories, defend their point of view or try to win you over like true missionaries. Lost in the stories of the Mind, defending, arguing, and stating the same perspectives again and again as it would somehow make them more true. But they are just perspectives – as is this!

I don't know anything about 2012 – I only know about NOW.

But I do know from experience that this Universe is infinitely patient and generous and that it will not shut the door on us if we “miss” the so called 2011/2012 opportunity (who ever can decide on the dates).

I also know that the Universe does not operate on the human time concept. It does not stress and it is not in a hurry.....and it is NEVER trying to make up for lost time – as there is no such thing! The Universe has been here for billions of years and will be here for billions more - with or without humans. So don't hurry – just commit to being here NOW.

This Universe is constantly playing, moving, changing – and so are the energies available. Now is always the time we learn to love ourselves and others unconditionally and Now is always the time to express and experience it. No stories or perspectives can change that.

I wish you all a mind blowing onwards journey

May all beings learn to live in Love and Freedom

Cecil

[www.onenesscenter.org](http://www.onenesscenter.org)